

# MORNING

All of our Tempest breakfasts/sandwiches are served with toasted bloomer.  
Gluten free alternatives subject to availability.

## TEMPEST BREAKFASTS

**ROCKEFELLER** - 10.50/12.50 (D)(G)(E)(Su)  
Crispy bacon, traditional pork sausage, poached egg, vine-on cherry tomatoes, sauteed mushrooms, hash brown, black pudding and baked beans.

**LIBERTY (V)** - 10.00/12.00 (D)(G)(E)(So)(Su)  
Vegetarian friendly breakfast made up of plant based sausage, crispy hash brown, sauteed mushrooms, vine-on cherry tomatoes, grilled halloumi and baked beans.

**EMPIRE (VE)** - 10.50/12.50 (G)(So)  
Vegan option of plant based sausages, smashed avocado, hash brown, sauteed mushrooms, vine-on cherry tomatoes, spinach and baked beans.

## BREAKFAST SANDWICHES

**ALL DAY BREAKFAST SANDWICH** - 9.50 (D)(G)(E)  
Toasted bloomer crammed with traditional pork sausage, egg and bacon. Served with baked beans on the side.

**B.L.T.** - 8.50 (D)(G)(E)  
Classic combo of crispy bacon, fresh baby gem lettuce, juicy tomato and mayonnaise served on toasted Bloomer.

**SCRAMBLED EGG ON TOAST (V)** - 6.00 (D)(G)(E)  
Fluffy scrambled egg served on toasted bloomer.

## PANCAKES

**HOUSE STACK (V)** - 8.00 (D)(G)(E)  
American style buttermilk pancakes served with Canadian maple syrup and butter.

**SWEET & SAVOURY** - 9.50 (D)(G)(E)  
Fluffy American style buttermilk pancakes served with Canadian maple syrup and topped with crispy bacon. Add Fried egg £1.50

## EGGS

**EGGS BENEDICT** - 10.00 (D)(G)(E)  
Two poached eggs on toasted bloomer topped with crispy bacon and home-made hollandaise sauce.

**EGGS AVO (V)** - 9.50 (D)(G)(E)  
Chilli & lime smashed avocado on top of toasted bloomer and served with poached eggs.

**EGGS REGALE** - 10.50 (F)(G)(E)(D)  
Salmon and Dill Fishcake topped with poached eggs and home-made hollandaise sauce. Bloomer toast served on the side.

**HALLOUMI (V)** - 8.00 (D)(G)  
Grilled halloumi with baby gem lettuce, chilli & lime smashed avocado and chilli jam. Served on toasted bloomer.

**VEGAN SAUSAGE (VE)** - 8.50 (G)(So)  
Plant based sausages served with vine-on cherry tomatoes and mushrooms.

**CURIOUS GEORGE (V)** - 9.00 (D)(G)(N)(E)  
Stacked American style buttermilk pancakes topped with Nutella, fresh bananas and mixed nuts.

**BERRIES & CREAM (V)** - 9.00 (D)(G)(E)  
Warm American style buttermilk pancakes topped with mixed berries, maple syrup and fresh cream.

# NOON

## TEMPEST SANDWICHES

Tempest sandwiches are served on local bloomer bread. Served with a crisp side salad. Add skin-on fries or a soup of the day for £2.50.

### FISH FINGER BUTTY - 9.00 (D)(G)(F)(E)

Crispy beer battered fish goujons served on baby gem lettuce with home-made tartar sauce.

### B.L.T. - 8.50 (D)(G)(E)

Classic combo of crispy bacon, baby gem lettuce, sliced tomato and mayonnaise.

### TUNA MELT - 8.00 (D)(G)(F)(E)

Tuna mayonnaise on toasted bloomer topped with melted cheese.

### GOATS CHEESE MELT (V) - 8.50 (D)(G)(Su)

Home-made caramelised red onion and goats cheese melted on toasted bloomer.

### VEGGIE CLUB (V) - 8.50 (D)(G)

Triple stacked toasted bloomer with grilled halloumi, smashed avocado, sliced tomato, baby gem lettuce and chilli jam.

### CHICKEN CLUB - 9.00 (D)(G)(E)

Triple stacked toasted bloomer with grilled chicken, crispy bacon, sliced tomato and mayonnaise.

### VEGGIE SAUSAGE (VE) - 8.50 (G)(Su)(So)

Plant based sausages with smashed avocado and balsamic glaze.

## SALADS NEW

### CHICKEN & BACON CAESAR - 11.50 (D)(G)(E)

Grilled chicken and crispy bacon with baby gem lettuce, croutons, parmesan and Caesar dressing.

### GOAT'S CHEESE (V) - 11.00 (D)(G)(Su)

Toasted goat's cheese with mixed leaves, home-made caramelised red onion with a balsamic vinegarett and toasted crumb.

## TEMPEST WRAPS NEW

A flour tortilla stuffed with house fillings and mixed salad, slightly toasted.

### TUNA MAYO - 7.50 (G)(F)(E)

Home-made tuna mayonnaise and salad in a toasted wrap.

### CHICKEN & BACON - 8.00 (G)(E)

Chicken & bacon mayonnaise with salad in a toasted wrap.

### CHEESE & CARAMELISED RED ONION (V) - 7.50

Grated cheddar cheese and home-made caramelised red onion with salad in a toasted wrap. (D)(G)(Su)

## TEMPEST JACKETS NEW

Fluffy jacket potatoes served warm with a topping of your choice. Add cheese for £1.50

### TUNA MAYO - 8.50 (D)(F)(E)

Home-made tuna mayonnaise on top of a buttery baked potato.

### CHICKEN & BACON MAYO - 8.50 (D)(E)

Home-made chicken & bacon mayonnaise on top of a buttery jacket potato.

### BEANS (VE) - 8.00

Baked beans on top of a jacket potato with vegan friendly spread.

### FISHCAKE - 12.00 (D)(F)(E)

Crispy fishcake topped with a poached egg served with mixed leaves and dressing.

### GREEK SALAD (VE) - 10.00 (G)(Su)

Mixed leaves, home-made marinated olives, cucumber, tomatoes and vegan style feta with extra virgin olive oil and sea-salt croutons.

# NOON

## LUNCH BITES NEW

### SOUP OF THE DAY (V) - 5.50 (D)(G)

Home-made soup of the day served with sea-salt croutons and buttered bread. Always vegetarian friendly, please ask for dairy and gluten information.

### SCOUSE - 11.00 (D)(G)(Su)

Ma Boyle's traditional Scouse. A beef stew with carrots, potatoes and gravy. Served with pickled red cabbage and ciabatta. Gluten free bread available.

### VEGGIE SCOUSE (V) - 10.00 (D)(G)

Vegetarian home-made stew with carrots and potatoes. Served with pickled red cabbage and buttered bread. Ask for gluten free and dairy free alternatives.

### FISH AND CHIPS - 12.00 (G)(E)

Beer battered fish with skin-on fries, mushy peas and home-made tartare sauce.

## SIDES

### HOME-MADE SKIN-ON FRIES (V) - 4.00

### SWEET POTATO FRIES (V) - 4.50

### SALT & PEPPER FRIES (V) - 4.50

### MARINATED OLIVES & VEGAN FETA (V) - 5.00

## DESSERTS

### STICKY TOFFEE PUDDING (V) - 5.50 (D)(G)(E)

Homemade toffee sponge with a rich butterscotch sauce served with creamy Vanilla Ice cream.

### SIGNATURE BROWNIE (V) - 5.50 (D)(G)(E)

House speciality of warm triple chocolate chunk brownie served with vanilla ice cream.

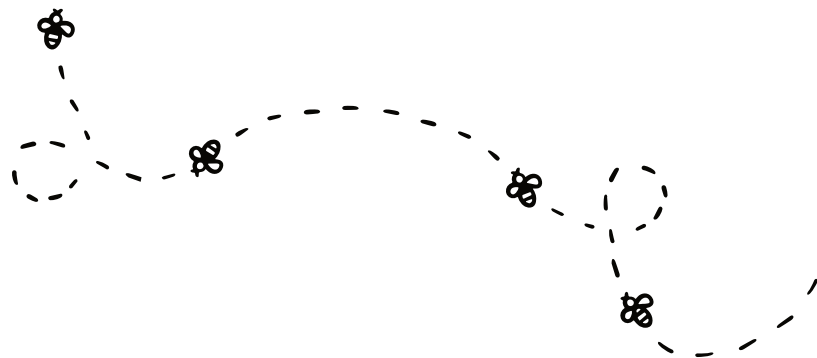
### TEMPEST FRUIT CRUMBLE - 5.00 (D)(G)

Seasonal orchid fruits and berries with a spiced crumb topping served with cream or ice cream.

### CHEESECAKE SPECIAL - 5.50 (D)(G)(E)(N)

Creamy homemade cheesecake for those with a sweet tooth. Please ask your server for today's cheesecake flavour.

See also our fresh cake cabinet for daily home-made desserts, baked daily at Tempest



(A) Please see our Burgers page for Allergen Information

TEMPEST  
ON TITHEBARN

# NIGHT

Choose any 3 small plates for £20

SERVED FROM 4PM MONDAY - SATURDAY. We suggest 2-3 dishes from our small plates menu or choose one and something bigger from our evening menu.

## SMALL PLATES NEW

### HALLOUMI FRIES (V) - £8 GD

Beer-battered halloumi fries served with home-made spicy sauce.

### CHICKEN WINGS - £8.50

Marinated chicken wings finished off with jerk seasoning, onions and peppers.

### ROASTED CAULIFLOWER (VE) - £8.00 So

Marinated slow roasted cauliflower served with plant based yoghurt, spicy sauce and pomegranates.

### CALAMARI - £8.50 GE

Calamari lightly dusted with seasoned flour and fried. Served with garlic mayonnaise.

### SALT & PEPPER CHICKEN BITES - £8.50 GD

Crispy chicken pieces tossed in salt & pepper seasoning and served with peppers and onions

### GOAT'S CHEESE (V) - £7.50 GDSu

Baked goat's cheese served with red onion chutney and toasted crumb.

### MOROCCAN HOUMOUS (VE) - £6.50 SeG

Home-made houmous served with warm pitta bread.

### PRAWN TACOS - £8.50 GDSh

Marinated king prawns pan fried and served on warm tortillas with smashed avocado, home-made Pico de Gallo and spicy sauce.

### JD RIBS - £8.50

Slow roasted marinated ribs tossed in a home-made Jack Daniels and Coca-Cola sauce.

## SOMETHING BIGGER NEW

### CHEESEBURGER LOADED FRIES - £10.00 GDE

Home-made fries topped with smashed beef burger, cheese sauce, pickles and relish.

### SALT & PEPPER CHICKEN FRIES - £10.00 GDE

Salt & pepper fries topped with crispy chicken pieces and spicy mayo.

### TEMPEST NACHOS (V) - £8.50 D

Tortilla chips topped with cheese sauce, home-made smashed avocado, jalapenos, sour cream and fresh Pico de Gallo.

### FISH & CHIPS - £12.00 GEF

Beer-battered fish served with home-made fries, tartare sauce and mushy peas.

### SCOUSE - £11.00 GD

Traditional Liverpudlian beef stew served with potatoes, carrots and onions. Warm ciabatta and pickled cabbage on the side.

### VEGGIE SCOUSE (V) - £10.00 GD

Vegetable stew consisting of potato, carrots and onion. Served with pickled red cabbage and warm ciabatta. Ask for gluten and dairy free alternatives.

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### SWEET POTATO FRIES (V) - 4.50

### SALT & PEPPER FRIES (V) - 4.00

### MARINATED OLIVES & VEGAN FETA (VE) - 5.00

Please see our allergens grid for full list of present allergens

# NIGHT

## DESSERTS

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### SIGNATURE BROWNIE (V) - 5.50 (D)(G)(E)

House speciality of warm triple chocolate chunk brownie served with vanilla ice cream.

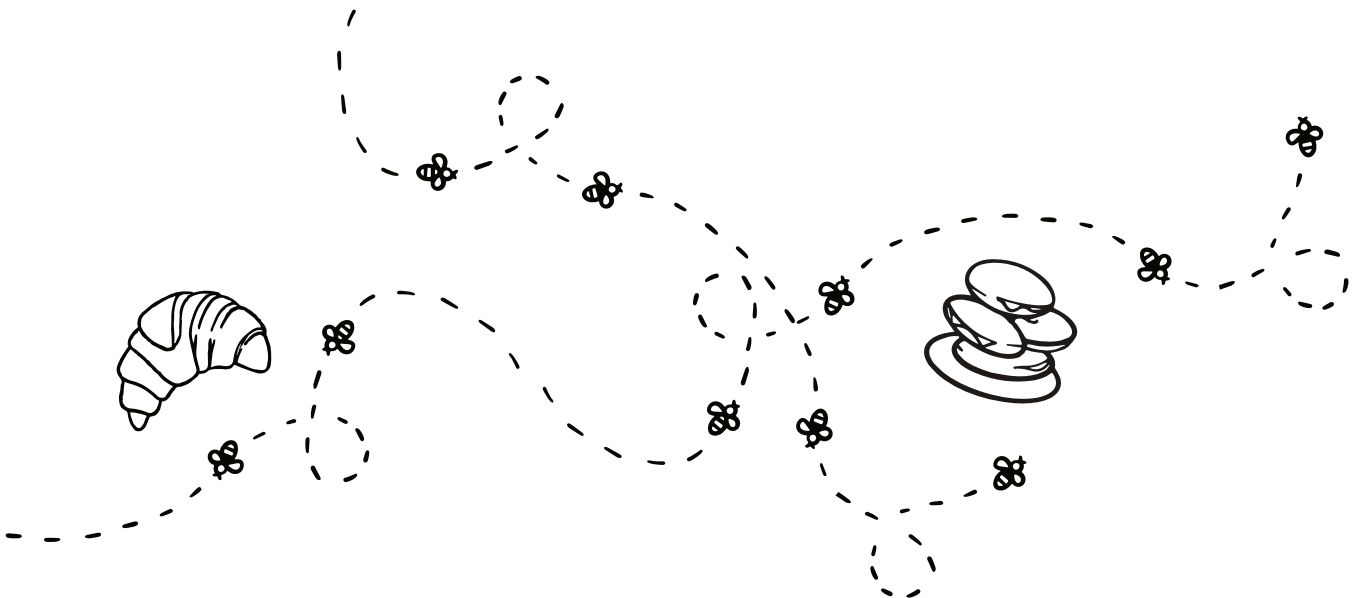
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Seasonal orchid fruits and berries with a spiced crumb topping served with cream or ice cream.

### CHEESECAKE SPECIAL - 5.50 (D)(G)(E)(N)

Creamy homemade cheesecake for those with a sweet tooth. Please ask your server for today's cheesecake flavour.

See also our fresh cake cabinet for daily home-made desserts, baked daily at Tempest



## ALLERGEN INFORMATION

(G) Gluten

(Se) Sesame

(E) Eggs

(D) Dairy

(F) Fish

(So) Soya

(Sh) Shellfish

(M) Mustard

(N) Nuts

(Pe) Peanuts

(Su) Sulphites

# BURGERS

## BURGERS

All Tempest burgers are served with home-made fries.  
Upgrade to sweet potato fries for 50p.

### THE CLASSIC ONE - £12.00 (D)(G)(E)

Tempest classic. Two beef patties or crispy buttermilk chicken breast served with our home-made Tempest relish.

### THE SALT & PEPPER ONE - £14.00 (D)(G)(E)

Crispy buttermilk chicken breast coated in salt & pepper seasoning topped with peppers & onions. Served with spicy sauce on the side.

### THE G.O.A.T - £14.00 (D)(G)(E)

Two beef patties topped with gooey goats cheese and home-made red onion chutney.

### THE BIG ONE - £15.00 (D)(G)(E)

Three of our home-made beef patties or crispy buttermilk chicken breast stacked high with crispy bacon, melted cheddar cheese and a BBQ sauce.

### THE VEGGIE ONE (V) - £13.00 (D)(G)(E)

Plant based patty topped with grilled halloumi and home-made Tempest relish.

### THE VEGAN ONE (VE) - £13.00 (G)

Plant based patty topped with vegan cheese on a vegan bun. Served with vegan mayo and home-made Tempest relish.

## BURGER EXTRAS

CHEDDAR CHEESE (V) - £1.00 (D)

VEGAN CHEESE (VE) - £1.50

GRILLED HALLOUMI (V) - £2.00 (D)

GOATS CHEESE (V) - £2.00 (D)

SMASHED AVOCADO (VE) - £1.50

GOOEY CHEESE SAUCE (V) - £2.00 (D)

BACON - £2.00

## SIDES

HOME-MADE SKIN-ON FRIES (V) - 4.00

SWEET POTATO FRIES (V) - 4.50

SALT & PEPPER FRIES (V) - 4.50

MARINATED OLIVES & VEGAN FETA (V) - 5.00

## ALLERGEN INFORMATION

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